



# Paulson Cross Country Ski Trails

## Ski Trails - Ability Level

Beginner

Intermediate

Advanced

Caution: Steep Trail Section

2.8 Distance between points in Kilometres

# Fun Troll Loppet - 40 Km. Route

Viking Centre  
Mud Lake Trailhead

Actual Route Distance: 40.37 Km.

Glenmerry Trailhead

Nancy Greene Provincial Park

Nancy Greene (Sheep) Lake

Ben Shaw Shelter

Snowberry Shelter

Nordic Shelter

Glenmerry Shelter

NOTE: Please follow colour-coded direction arrows for your route posted along the trails.

Loppet Route Colours:  
 8 Km Route: Purple  
 16 Km Route: Yellow  
 20 Km Route: Orange  
 30 Km Route: Blue  
 40 Km Route: Green

**40K LOPPET ROUTE**  
 START: Clockwise around Mud Lake to Ben Shaw--> left on Ben Shaw--> up Rosslund-Paulson--> Connector--> Winterberry--> Gloryview--> Norwegian--> Winston's Way--> right on Snowberry--> left on Pine--> up Seal Creek Road--> down Old Growth--> Mountain Ridge--> Snowberry--> right on Pine--> Ivar--> Norwegian--> Rosslund-Paulson--> right on Ben Shaw--> Mud lake--> FINISH