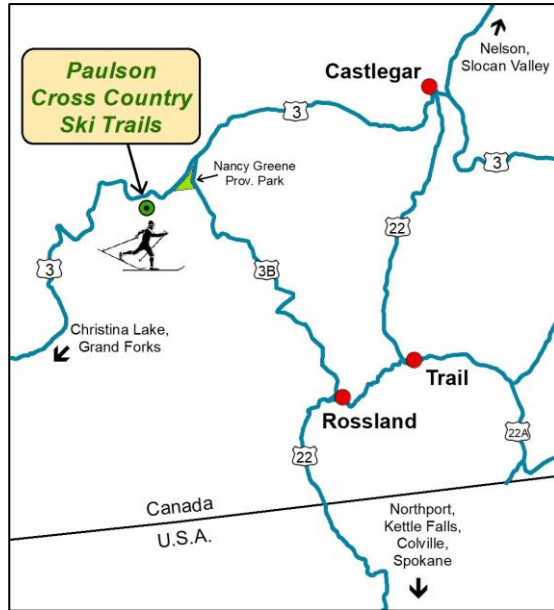




Viking Centre at Mud Lake Trailhead

Welcome to Paulson Country!

The Paulson Cross Country Ski Trails are located 32 kilometers west of Castlegar, British Columbia, along Highway #3, adjacent to Nancy Greene Provincial Park.



The *Castlegar Nordic Ski Club* is a volunteer-run, non-profit society that manages approx. 63 kilometres of diverse ski trails under a partnership agreement with Recreation Sites and Trails BC. The Club provides trail grooming, maintains a visitor center and four day-use warming shelters, offers a youth Skier Development Program, and hosts events.




Memberships and Day Use Fees

Club memberships can be purchased online or from a Fee Collector at the trailhead (on weekends), or at local sports stores. Day-use visitors can purchase a day-pass in advance online or at the trailhead. If a Fee Collector is not on-site, day-use fees (cash or cheque) can be deposited in the honour box at the trailhead. Check our website for further information.

Skier's Responsibility ("Rules of the Road")

- * Be aware - Ski with care
- * Skiers going downhill on the trail have the right-of-way
- * When stopped, move off the trail so other skiers will not have to detour around you
- * Keep to the right when approaching oncoming skiers
- * Be courteous when passing from behind, approaching slowly. Say either: "Track please" or "Passing on your left"
- * Lend assistance when needed
- * Step to the edge of the trail to allow track-setting equipment to pass
- * Dogs are not allowed on the trails

Ski Trail Designations:

-  **Beginner:** Designed for skiers with little experience or limited ability
-  **Intermediate:** Suitable for skiers with a moderate amount of experience and ability
-  **Advanced:** Designed for skiers with considerable experience and ability

NOTICE: Persons using this ski area assume all responsibility for personal injury or damage to equipment. Ski at your own risk.

Safety / Equipment Check

Before leaving home, make sure that your equipment is in good shape and that you have everything you need. Dress warmly, preferably in layers. Avoid excessive perspiration; shed layers if you get too warm. Use the quick checklist below to help ensure you don't forget any important items:

- Food & water (or warm liquid like tea)
- Hat, gloves, jacket and extra dry socks
- Sunglasses and sunscreen
- Ski waxing kit
- First aid kit, including blister patches
- Day pack to carry gear
- Spare dry clothing for after your outing
- Trail map (paper or on Avenza phone app), compass, matches, flashlight, (depending on the length/location of your trip)

IN CASE OF AN EMERGENCY

Note: The Paulson area does not have cell phone coverage. In case of an emergency, locate a Club Fee Collector or Trail Groomer. These personnel will have radio contact with each other and will have access to a satellite phone to request an ambulance or RCMP. If Club personnel are not available, dispatch someone with a cell phone to make a 911 call and report back. It will be necessary for a volunteer to drive approx. 15-18 km. towards Rossland (on Highway 3B) until 911 cell phone coverage is obtained.



CASTLEGAR NORDIC SKI CLUB

P.O. Box 3213
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www.castlegarnordic.ca

General Enquiries: castlegarnordicski@gmail.com

Programs, Volunteers & Events: cncs.office@gmail.com

Paulson Cross Country Ski Trails

Visitors Map and Guide



Trails managed in partnership between
Castlegar Nordic Ski Club



and

Recreation Sites and Trails BC



in co-operation with

BC Timber Sales

&

Atco Wood Products



Paulson Cross Country Ski Trails

Legend

- Public Shelter
- Parking
- Emergency Kit
- Toilet

Ski Trails - Ability Level

- Beginner
- Intermediate
- Advanced
- Skate Lane
- Ungroomed

Distance between points in Kilometres

Elevation (metres)
20 Metre Contours

Caution:
Steep Trail Section

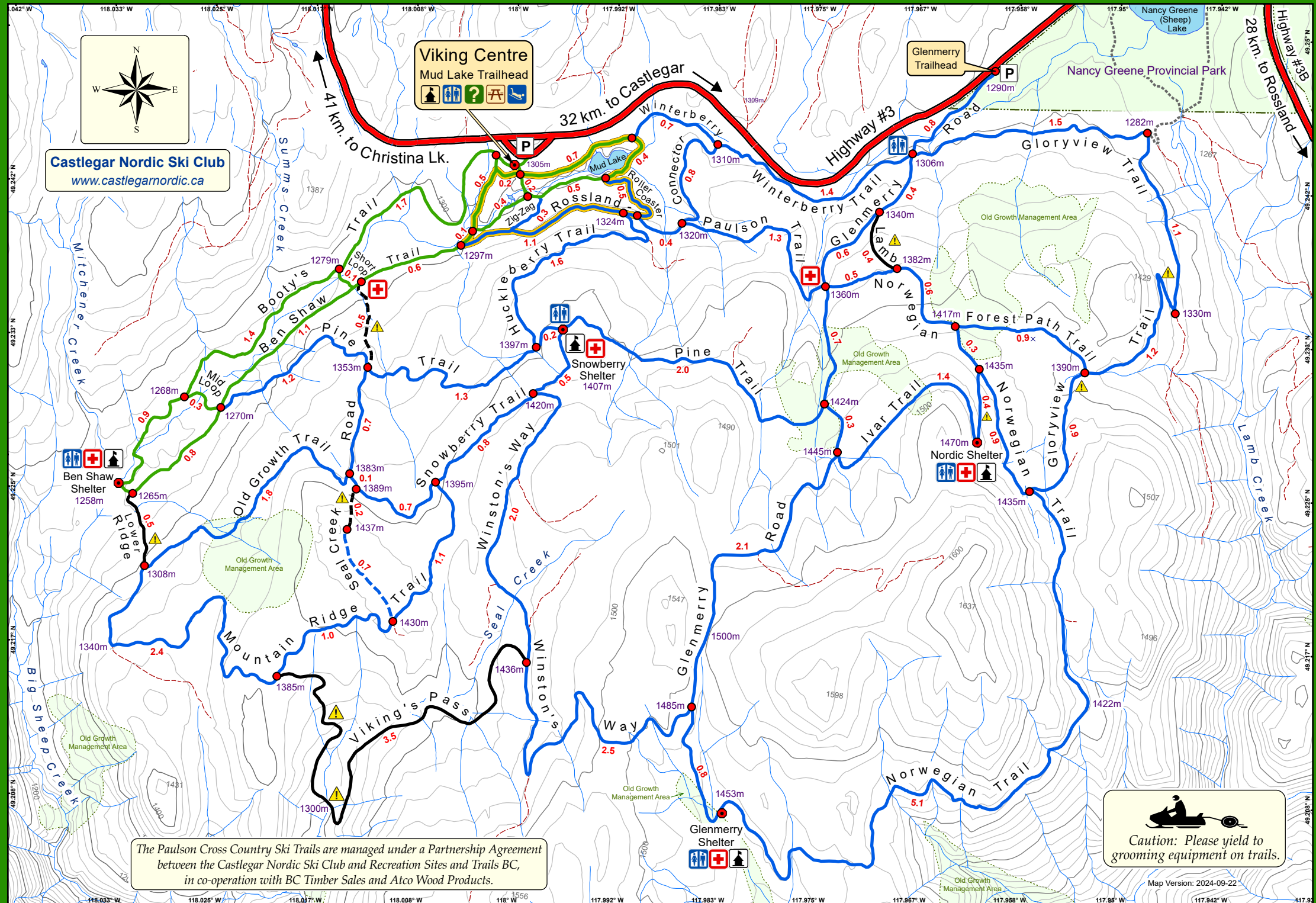
0 250 500 750 1,000
m

Map Scale (metres)
Projection: UTM Zone 11, NAD83
Lat / Long Grid: Decimal Degrees

Recreation Sites
and Trails BC

BCTS
BC Timber Sales
Kootenay

ATCO
WOOD PRODUCTS



The Paulson Cross Country Ski Trails are managed under a Partnership Agreement between the Castlegar Nordic Ski Club and Recreation Sites and Trails BC, in co-operation with BC Timber Sales and Atco Wood Products.

Caution: Please yield to grooming equipment on trails.

Map Version: 2024-09-22